

Happy Faker's Day!

Konko Mission of Wahiawa

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#### WAHIAWA KONKO MISSION MONTHLY SCHEDULE

#### **June 2011**

- 1 Wed -Tenchi Kane no Kami-Sama Monthly Svc. (7:30 pm) 天地金乃神様 月例祭.
  - -Making Tsukemono for garage sale (9 am)
- 3 Fri -Tsukemono packing and set up for garage sale (9 am)
- 4 Sat -Ohana Camp Fundraiser Garage Sale (10 am-2 pm)
  - -Food Preparations for garage sale (6 am)
- 5 Sun -Sunday Service (9 am). Share Okage Stories.
  - -Ohana Camp application forms due.
  - -Garage sale evaluation meeting.
  - -Yano sensei will attend SF Church 80th Anniversary
- 8 Wed -Todd Sensei's faith study session (8 pm)
- 11 Sat -Church clean up (9 am)
- 12 Sun -Ikigami Konko Daijin-Sama Monthly Svc. (9 am) 生神金光大神様 月例祭.
  - -Ohana Camp Meeting (after svc)
- 13 Mon-HCRP Meeting at PL Church (1:30 pm)
- 17 Fri -Monthly Volunteer Activity @WGH LTCF (10-10:45 am)
  - -KMH Seminar Day 1 at Honolulu Church (4 pm-6 pm)
- 18 Sat -KMH Seminar Day 2 at Honolulu Church (9 am-4 pm)
- 19 Sun -Sunday Service (9 am) Happy Father's Day!
  - -KMH Seminar Day 3 at Honolulu Church (1 pm-4 pm)
  - -Ms. Tsugumi Matsunaga will speak on Nutrition at Honolulu Church (10 am)
- 21 Tue -Rodney sensei will come home from SF for visit. (till 29)
- 25 Sat -Church clean up (9 am)
- 26 Sun -Monthly Memorial Service (9 am) 月例霊祭
  - -Testimonial by Rodney sensei
  - -BBQ Picnic at Waimea Beach Park (11:30 am)
- 30 Thur-Church clean up (9 am)



#### **July 2011**

- 1 Fri -Tenchi Kane no Kami-Sama Monthly Svc. (7:30 pm) 天地金乃神様 月例祭
- 3 Sun -Sunday Service (9 am)
  - -Tanabata Star Festival bamboo tree decoration for Sunday School. Stay for lunch!
- 4 Mon -Holiday—Happy Independence Day!
- 9 Sat -Wahiawa Church Ohana Camp (10 am) at Erdman.
- 10 Sun -Ohana Camp Day 2 (end at 2 pm)
  - -No Sunday Service!
- 17 Sun -Kuakini Hospital Volunteer Activity (9:30 am)

### **Sunday School Oath**

I will advance my faith through understanding the Founder's teachings and will strive to become a more useful person to society.

Sincerity is the essence of my faith, and its basic principles are courtesy, kindness, and devotion in everything I do.

# Happy Father's Day

Fantastic person

Always watching out for his family

There to protect and guide his loved ones

He is strong and knows how to fix things

Everyone has a father

Remember to thank him.

## Konko Mission of Wahiawa Summer Ohana Camp

## ABC'S OF KONKOKYO

**Date:** July 9 (10 am) – July 10 (2 pm), 2011

(Saturday and Sunday)

Place: Camp HR Erdman, Mokuleia

**Who:** Open to all ages

**Why:** To learn the ABC's of Konkokyo

**Fee:** \$10 for 18+, \$5 for 5-17, Under 4 FREE

Contact: Call 621-6667 or come to Wahiawa

Church for more details. Forms available online at our website or at our church.

Thank you very much for supporting this function by purchasing Zippy's tickets! All 200 have been sold. We will have a Garage Sale on Sat. 6/4 from 10 am-2 pm to further help fund the Camp. All forms and payment due on Sunday, June 5, 2011.







#### Wahiawa Konko Mission Annual Schedule at a Glance

7/9-10	Sat-Sun	-Wahiawa Church Ohana Camp at Camp Erdman
7/13	Wed	-KMH Missionary Women's Society Seminar at Wailuku
7/17	Sun	-Kuakini Medical Center Volunteer Activity (9:30-10:30 am)
		-Monthly Service for Ikigami Konko Daijin (7:30 pm)
7/24	Sun	-Back to School Service (9 am)
8/6	Sat	-Project C.L.E.A.N. Wahiawa District Park (7-11 am)
8/21	Sun	-Late Rev. Masayuki Kodama's 38 <sup>th</sup> Memorial Svc. @HNL
9/4	Sun	-Volunteer Activity at Wahiawa General Hospital (10 am)
9/18	Sun	-Honolulu Church Autumn Memorial Service (10 am)
9/25	Sun	-Wahiawa Church Autumn Memorial Service (10 am)
9/29	Sun	-197 <sup>th</sup> Birthday of the Founder, Ikigami Konko Daijin
10/9	Sun	-Honolulu Church Autumn Grand Service (11 am)
10/13	Thur	-Wahiawa Church Autumn Grand Service (6:30 pm)
10/16	Sun	-Waipahu Church Autumn Grand Service (11 am)
11/6	Sun	-Wailuku Church Autumn Grand Service (11 am)
11/13	Sun	-Hilo Church Autumn Grand Service (11 am)
11/27	Sun	-14 <sup>th</sup> Memorial Svc. for the Late Rev. Kikue Kodama (9 am)
12/18	Sun	-39 <sup>th</sup> Memorial Svc. for Late Rev. Haruko Takahashi (10 am)
12/25	Sun	-End of the Year Service (9 am)
12/30	Fri	-Wahiawa Church Mochi Pounding (8 am)

#### Household Tip—Practice faith by being green

Don't know what to do when your bar of soap is too small to use? Put those bits and pieces of soap in a mesh bag (the slender ones that bulbs of garlic come in when you buy them at the store). You can dangle the bag of soap pieces at the faucet, or keep it at the kitchen sink. It acts like a scrubber, and there is no waste of soap.

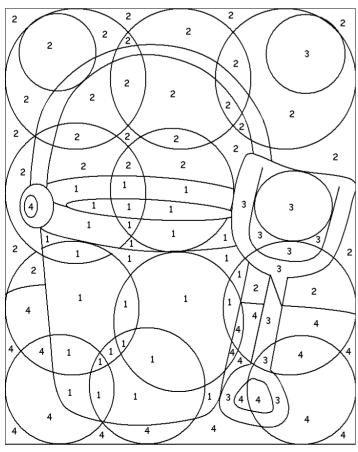
## Happy Birthday

To all the people born in June Please continue to receive Infinite divine blessings from Tenchi Kane no Kami-Sama and Ikigami Konko Daijin-Sama



Alexander Furusho Jason Adkison Jean Noguchi

## Coloring time! What image will you see?



3 = yellow

4 = light brown

1 = red

2 = blue

#### Konko Sama says...

"Do not worry too much about the future, for it is uncertain. Kami will free you from hardships if you practice faith. Receive divine blessings each and every day, then you won't have to worry about what will happen in your future. Apologize for your irreverences to Kami every day and express appreciation for divine blessings that you have received the day before. Ask for divine blessings each day, live with a thankful heart, and look forward to the next day with positive expectations. Everything will become divine blessings and there will be no future worries."

(Gorikai III, Jinkyu Kyogoroku 44)

What the editor thinks: I can't tell you how much I worry! Worrying has become part of my personality. That is why this faith is my source of reassurance and peace. Seeing all that can happen in a blink of an eye—like that tsunami in Japan or the fierce tornadoes in North America that swept beautiful houses and lives into nothingness. No insurance in the world will help you rebuild your life again after such a disaster. But faith can! People who have faith will realize that the most trustworthy insurance is the one they have in believing in Kami-Sama. Trusting in Kami is not only insurance—it's assurance. If it wasn't for my faith, I would be a sick worrywart.

#### Editor's Note

Dear Reader,

How are you? I trust that you are fine, and are continuing to receive bountiful blessings from Kami-Sama. Before I go further, I want to say Happy Father's Day to all the wonderful fathers and father-figures out there. I give thanks to Kami-Sama for the health and well being of my father.

Lately, the Founder's teachings have been making more sense than ever to me. When I was a little kid, I had my own understanding of what Kami-Sama is. But interestingly, due to the influence of my peers at school, I was taught to believe that God is frightful and punishing when we do badly, and that "good boys and girls go to heaven and bad ones go to hell." Later I learned that it doesn't apply in my religion—thank goodness!

When I was a teen, I was still trying to digest the meaning of practicing faith and understanding the Founder's teachings. Here I am at 29...and the learning hasn't ceased. But now, somehow the bits and pieces are coming together, and I am beginning to notice the true

awesomeness of my faith. I am not necessarily saying that I am an expert of Konkokyo; but I can definitely say that our Founder, Konko Daijin knew it all along; the way to receive divine blessings. I heard of an interesting quote by someone, whom I forgot what his name was. He said, "The bad news is there is no key to the Universe; the good news is—it has been left unlocked." This is it!

A profound message resonates in the Tenchi Kakitsuke (The Divine Reminder). "Pray sincerely, with all your heart. Be one with Kami. Kami's blessings begin within Hearts grateful and caring, in harmony and joy. Look to Kami always, now and forever. On this very day, pray." The message doesn't say that blessings depend on Kami-Sama. The blessings depend on the individual. If you get blessed with what you prayed for, it's because you were able to maintain the grateful, caring, harmonious heart and that trust in Kami-Sama.

Practicing faith has gotten so fun and interesting these days...especially at work. Our Founder, Konko Daijin mentioned that our everyday life is a training arena for faith. The most difficult place to practice the faith is at home. Why? Because even if we argue with our family members we always think that they will forgive us. The family is the hardest place to practice faith, but if we are able to maintain harmony within the family, then, no matter where you go, you will be able to expand that good energy elsewhere too. If family life is a struggle, and there is always negative energy and no compliments being said, that negative energy will hop on your back and become your burden wherever you may go.

Back when we were little, I used to remember my mom waking us up for school. The first words she said

were, "Hayo Okite! (Get up now, or you will be late for school)!" But that all changed one day; she began to say in a cheerful voice, "Good morning! It's time for school. Let's wake up!" That made a big difference for us. We didn't feel irritated in getting woken up. There was a sense of peace and harmony.

If someone in the family came home a bit late from an outing, my mom always greeted us, "Okaerinasai. Bujideshitaka? (Welcome come, was everything ok)." There was no yelling, "Where were you! What were you doing!?" She genuinely trusted in Kami-Sama that Kami watched out for us. This again, maintained a lot of harmony in the family for all these years.

When good things happen, we praise each other. When times are difficult, we give each other empowering words and encouragement. When someone does something, like the laundry or cook, we say thank you to that family member. When I come home from work, my parents always say to me, "Gokurousama deshita" (Thank you for working so hard). It's those simple, every day chores that need recognition. Words of encouragement and praise maintain family harmony. These are one of many ways we can practice faith at home.

The same principle can apply wherever we may go. I try to apply my faith at work. When I do so, amazing things happen.

I had a patient once, who was in constant pain. Whenever she'd call, it was for an extra bolus of pain medicine from her IV pain pump (aka: Patient Controlled Analgesia). Her body had stitches everywhere from numerous surgeries in the past and present admission.

She could not eat food, as it would immediately make her throw up regardless of anti nausea medication. So she needed nutrition through her IV (aka: Total Parenteral Nutrition). This patient was in the hospital for a while, with her pain pump in constant use. One day, when I was assigned to care for her, she called for the usual bolus dose of pain medicine, which requires the verification of two registered nurses. After administering the dose, she says to me, "Edna, the medicine goes only to my back pain, but my shoulder and elbows still hurts a lot." I obviously didn't know what to do. IV medications are systemic, so they are supposed to work wherever the blood flows.

I half jokingly told her, "Mrs. A. why don't you try talking to your shoulder and elbow?" Puzzled, and skeptical, she pointed to her shoulder and elbow and started to blame them, "Bad shoulder! Bad elbow, what is the matter with you?!" I immediately stopped her from blaming them further. Then I explained to her that she should talk to those aching body parts in the kindest manner since it has tolerated the wear and tear for 70+ years. Then I left the room and carried on with my charting.

A few minutes later, she called again. I assumed she needed more pain medication. However, she had the

widest eyes and a smile from ear to ear. She said, "I called you just to thank you for teaching me the most important thing. As soon as you left the room, I humbly apologized to my shoulder and elbow and caressed it dearly. I gave thanks to it for having worked for me for all these years. It's no surprise that I am suffering so much. I deserve it. As soon as I talked to my shoulder and elbow in that manner, it immediately stopped hurting. And I am so thankful; I just had to tell you!"

It's moments like this, that I am so grateful to be a Konko believer and working as a nurse. I thanked Kami-Sama immediately. Mrs. A. did not know I was a minister, but for some reason, she asked me, when I have time, to pray for her daughter who was also suffering from a health problem. I held Mrs. A.'s hands and suggested we pray together, at this very moment. So, I said a little prayer, for her daughter, and was about to leave this patient's room, but Mrs. A. would not let go of my hand. She held it tight and said, "Thank you so much! Now, it's my turn to pray for you." So she prayed for my well being and my health,

and the health of my family as well. Words cannot explain how special this moment was. We were both filled with positive energy.

Mrs. A. was still unable to eat or drink anything due to her nausea. But after that prayer, I suggested she also talk to her stomach as well...in the same manner as she did with her shoulder and elbow. So, she gave her stomach a nice rub and gave it thanks and apologized. At that moment, she

drank a cup of warm coffee and a bowl of peaches for the first time in weeks!

Two days later, when I came back to work, Mrs. A. no longer needed her IV pain pump. Nor did she need her IV nutrition! Both therapies had been discontinued. She could eat on her own again, and she was literally pain free. She could walk again. And greatest news of all—she was discharged a couple weeks later.

With a change in heart, blessings can be received instantaneously! I am very happy for Mrs. A. who was able to receive such a tremendous blessing. I am also grateful that she took my suggestion seriously, instead of thinking of it as nonsense.

There is a teaching in the Gorikai that reads, "When you pray to the Parent Kami in the morning or at night, you should first apologize for your irreverences and then give thanks. Then, you should make a sincere request about any personal problems which exist in your daily life. You will receive divine blessings" (Gorikai III Jinkyu Kyogoroku 126).

The reason why I was able to suggest my opinion to this patient was because I have my own experience. When I have my own aches and pains, I give it a little rub. I talk to it. I give thanks and apologize to my body parts. Then, it stops hurting. Even when I am not in pain, when I remember to do so, I give a little pat from head to toe to

thank it for taking care of me. For the organs within me, I pat right above where the organ probably resides and give thanks too. I try to give thanks for all the cells in my body as well.

We have so many trillions of cells in the human body. You can think of each cell in your body as an individual human being. If you are a cell biologist, you would know that cells need food, they reproduce, they excrete waste, they breathe, they can sense, and they have intelligent ability to communicate with the neighboring cells. Cells die, too. As a human being, we hope that our body is healthy, and that there are no cancerous, rebellious cells within us. Sick cells make the whole human sick.

I finally understand why Kami-Sama's wish is for each of us to be happy, healthy and in harmony with everything and everyone—Kami-Sama wants to be healthy too! We humans are like the individual cells in Kami's ginormous body. If we constantly war with each other and go against Kami's will, we are being the infection and cancer to Kami's body. We are making Kami-Sama sick. Kami can

only be happy and healthy if we are. So, as a whole human race, it's not very hard to figure out what health status Kami is in right now.

What are we going to do? Kami-Sama does not care if we are able to achieve the American dream. Kami-Sama doesn't care if we are famous billionaires. Kami-Sama only cares about what humanity as a whole is doing. Are we cooperating with each

other? Are we using the natural resources wisely and replenishing what we used for future generations to have an ample supply? If humans are only creating havoc here on Earth, we won't be here for very long. We are going to end up as an extinct species like the dinosaurs.

It's important to have a peaceful heart full of positive energy and appreciation. Then that positive energy will hop on your shoulders wherever you may go. Pretty soon, everyone around you will start to receive your energy. For me, my source of energy is Kami-Sama. I ask Kami-Sama to come along with me wherever I go.

The month of summer is full of church activities. Please refer to the schedule on the first page and mark your calendars. We will have a Garage sale on Saturday, June 4<sup>th</sup> from 10 am-2 pm to fund for the Ohana Camp. Speaking of camp—it is getting near! We have two cabins to fill. If you haven't done so already, please sign up to attend our camp from Saturday, July 9th to Sunday, July 10th at Camp HR Erdman in Mokuleia. We have our tentative schedule set. If interested, let us know so we can send you the information. There is not much time left. Deadline for application forms in Sunday, June 5<sup>th</sup>. The theme of the camp is "ABCs of Konkokyo." I know you will have a lot of fun, while learning the basics of Konkokyo. Have a wonderful June! Aloha, Edna Uano